

Society of Medical Radiographers

Support Your Society: Renew or Join Us Today! ...Founded Since 1990

The SRM Committee

Executive Committee

Responsible for the overall organisation of SRM, promotion, development and safeguard of the radiography profession through continuing collaboration with both local and international organisations.

President - Jonathan Portelli

Secretary - Marija Cachia

Treasurer - Malcolm Mallia

Asst. Treasurer - Trevor Vassallo

Public relations - Maria S. Pullicino & Christopher Gauci

Professional issues - Etienne Grech

Sub-committee

Mainly responsible for the SRM newsletter, website and organisation of social events and sporting activities.

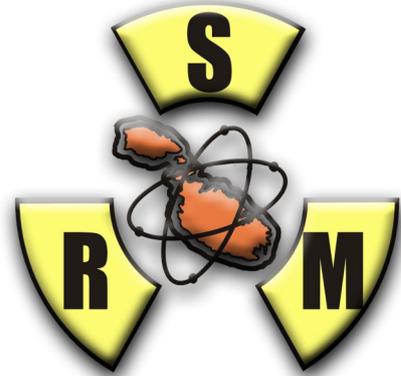
Ariane Calleja

Maria Cauchi

Danika Attard

Daniella Zammit

**New SRM Website
to be launched soon!**



CPD allowance scheme

Attention to all Radiographers:

Remember to complete relevant forms and documentation for the CPD allowance scheme.

These are to be submitted between the 4th - 8th April and/ or the 11th - 15th April.

The SRM Charity Fund

SRM has decided to start a Charity Fund

A percentage of profits made from SRM activities organised throughout the year will be allocated to this fund. The first activity to contribute was the successful cake sale organised on 'Women's Day' where 50% of the funds collected were deposited into the SRM Charity Fund.

Every year, at Christmas time, the SRM will select a Charity and donate the money collected in the Charity Fund on behalf of all those who contributed. We would like to thank you beforehand for your kind generosity!

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Building your CPD Profile

Summary of some points discussed during the CPD talk organised by SRM on the 29th March 2011

Jonathan Portelli

What is a CPD profile?

- **Personal record** of continuing activities performed over a period of time that have contributed to an individual's own **personal** and **professional** development
- **Evidence** of an individual's commitment to **maintain, update and/or improve knowledge, skills, attitudes, understanding, and/or competence as a professional** in a given field

Why build a CPD profile?

- To remind yourself about the quality of your work and to renew your sense of self-esteem & motivation
- To create opportunities for managing your own CPD and to use this process as a means of learning
- To archive your accomplishments, the processes used, and to identify outcomes that can contribute to better practice
- To support reflective and shared good evidence based practice
- To provide proof of your CPD and progression in self-development.....*which may soon become a requirement!*

What should your CPD profile include?

While there are many recommendations as to what a CPD profile should consist of the most common elements to include are :

1. Up-to-date Curriculum Vitae (suggested as an introductory section)
2. Summary of recent work/practice (*example: previous year of work/practice*)
3. Your Personal Development Plan for a given period (*example: for the current year*)
 - *Setting your goals, compiling your Needs Assessment and/or SWOT analysis, and devising your Action Plan*
4. List of CPD activities undertaken, as well as any other academic or professional activity that has contributed to your personal or professional development (during the given period of time outlined in your personal development plan).
 - *Examples: attendance/ participation to talks/courses/conferences/workshops/seminars; reading articles/journals/ books, discussing articles/research/case studies with colleagues; writing an article; conducting research; providing a professional service or contributing to your profession; performing voluntary work in a related field; etc.*
5. Reflection notes and future goals
 - *What have you learned? How will this benefit your practice? Do you intend to implement any changes to your practice or discuss your thoughts with your colleagues/manager?*
6. Supporting evidence
 - *Certificates/transcripts, agenda/programme of meeting/seminar/workshop you attended, full reference details of articles/books you read/published,*

Tips to remember when compiling your CPD profile

Confidentiality: It is your responsibility to respect patients' confidentiality at all times, so **never** disclose any details that may identify a particular patient - doing so can result in disciplinary action as your actions may be considered as a breach of the Data Protection Act of 2001.

Plagiarism: While you can make use of examples and templates available to build your CPD profile, you **should not** use any text prepared by others as this will not demonstrate your personal learning process - Plagiarism is a serious offence and may also result in disciplinary action!

Radiographers making a difference abroad!

Eleanor Vella, a Maltese radiographer currently working in the UK, is fundraising for SPARKS, the Children's Medical Research Charity in the UK and will be participating in a marathon for this good cause. Should anyone like to support this good cause, please visit <http://www.justgiving.com/Eleanor-Vella0>

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Way Back When

When radium was discovered by Marie and Pierre Curie in 1898 it was first used as a research tool, but then it was applied further in the medical and commercial field. Radium was either injected or taken in pills to treat various ailments such as hair loss, impotence, hypertension and anemia.

Scientists discovered that radium rays vitalize and energize all living tissues and consequently radium was also applied to beauty creams, make-up, soaps and hair products. Thinking that they finally discovered the secret to everlasting youth and beauty, Rador Co. Ltd. marketed a whole range of radium cosmetics back in London in 1920. An example being "Rador" Chin Straps which, when placed on the face, a continuous current of energy flows into the skin which will cause the wrinkles to disappear, the nerves and tissues to become stronger and energized.

Another brand called Tho-Radia had several products, including cleansing milk, powder, rouge (in 6 different tints), lipstick and toothpaste. Like other beauty products it was advertised as being scientifically proven to be the ingredient of long-lasting beauty and would give the user a 'glowing' complexion.

From what is currently known about ionizing radiation and its effects, the above is a good example of how the beauty industry can jump to quickly when a scientific discovery is made. This being said, the world, even though it's looking for more natural and chemical free products, still looks towards science for better and more effective ways to maintain one's beauty and youth.

'Article adapted from 'Cosmetics and Skin, A Glowing Complexion' by James Bennett. Dated April 14th 2009'

Radium and Beauty

An ever-flowing Fountain has at last been found in the Energy Rays of Radium. When scientists discovered Radium they hardly dreamed they had unearthed a revolutionary "Beauty Secret." They know it now. Radium Rays vitalize and energize all living tissue. This Energy has been turned to Beauty's aid. Each and every "Radium" Toilet Requisite contains a definite quantity of Actual Radium. (See "Radium \$5,000 GUARANTEE.")

Water preparations are especially desirable. Their use is delightful. You will feel the silky softness of the Face Cream, Hair Oil and Vanishing Cream—the downy, velvety Porcelain (Flour, Cornstarch and Talcum)—the luxurious and vigorous Hair Tonic—the delicately fragrant the softening, comforting Skin Soap. You will be fascinated by the mysterious "Radium" Fragrance. It is an exclusive perfume, not sold in any market. As toilet preparations you will produce them yourself. With the vitalizing Energy of Radium added, you will find them the greatest of all aids to Beauty.

Many women will be delighted especially by "Rador" Chin and Forehead Pads (delicately silk covered in blue and pink). They tone up the sagging muscles that cause wrinkles, double chin and unbecomely outlines. These pads are merely to be worn loosely, with comfort, during rest or sleep. The action of Radium, not tightness, produces results.

Radium Articles are obtainable at the foremost department stores, Lipstick's Drug Stores, and other leading drug stores

Rador Toilet Requisites

Face de Values (Night Cream) Per jar \$2
 With "Witcher" and "No-Natural" tint and hair.
 Soap (Cocoanut) Per box \$1
 Complete Powder Per box \$1
 Six tints—Blanche, Rose, Sable, Pink, Ombre and Radium. (In tin and box and post)
 Vanishing Cream Per jar \$2
 (For day use)
 Talcum Powder Per bottle \$1
 Hair Tonic Per bottle \$2
 Skin Soap Per cake \$1
 Under-Chin Pad Each \$10
 (Blue or Pink)
 Forehead Pad Each \$5
 (Blue or Pink)
 Face Powder Per box \$2
 Six tints—Blanche, Natural, Sable, Pink, Ombre and Rose

WRITE FOR THIS ABSORBING BOOKLET
 The full details of this "new Beauty knowledge" are given for the asking. Write for "Radium and Beauty," a booklet reprinted from a book by C. Avery. One hundred and twenty thousand copies of this book have been distributed in Great Britain. For your copy of the booklet before our first American edition is released, use this coupon.

RADIOR CO., LTD., OF LONDON
 235 FIFTH AVENUE, NEW YORK, N. Y.
 147 OXFORD STREET, LONDON.

CUPON
RADIOR CO., LTD., OF LONDON
 235 FIFTH AVENUE, NEW YORK.
 Please send me a copy of your booklet "Radium and Beauty" understood that this request places no order or obligation on you.
 Name
 Address

All work and no play makes Jack a dull boy!

I have bad and very bad news

Doctor: I have some bad news and some very bad news.

Patient: Well, might as well give me the bad news first.

Doctor: The lab called with your test results. They said you have 24 hours to live.

Patient: 24 hours! That's terrible! What could be worse? What's the very bad news?

Doctor: I've been trying to reach you since yesterday

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Upcoming Events

April

- Netball every Wednesday @8.30pm at Maria Assumpta School Hamrun. *Contact Daniella*
- Football every Thursday. *Contact Malcolm*
- 26th April CPD lecture by Mr. Mark Borg
- 27th April Fitness Class @8.30pm at Maria Assumpta School Hamrun. *Contact Daniella*

May

- Netball every Wednesday @8.30pm at Maria Assumpta School Hamrun. *Contact Daniella*
- Football every Thursday. *Contact Malcolm*
- 25th May Fitness Class @8.30pm at Maria Assumpta School Hamrun. *Contact Daniella*

Winners

Carnival Party

Best costume

- 1st Place— Justin Mifsud and Marlene Schembri
2nd Place— Nadja Friedrich and Lara Falzon
3rd Place— Anna Maria Espinosa Rodriguez,
Eliza Gera and Leonie Pace Vincenti

Raffle

Weekend Break Winner: Karen Borg Grima

Contact us:

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Web: www.radiographersmalta.com

Congratulations

Congratulations to Mr. Joseph Castillo, who has recently been appointed Manager Medical Imaging Services at the Medical Imaging Department (MDH).

Thank you

A special thank you to Ms. Cynthia Spiteri for her work and support while serving her role as Acting Manager at the Medical Imaging Department (MDH)

Last issues' Sudoku

8	3	5	4	1	6	9	2	7
2	9	6	8	5	7	4	3	1
4	1	7	2	9	3	6	5	8
5	6	9	1	3	4	7	8	2
1	2	3	6	7	8	5	4	9
7	4	8	5	2	9	1	6	3
6	5	2	7	8	1	3	9	4
9	8	1	3	4	5	2	7	6
3	7	4	9	6	2	8	1	5

We would also like to thank Paper Plus Studio for sponsoring the newsletter printing



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SRM is a proud member of:

Malta Federation of Professional Associations (MFPA)

European Federation of Radiographer Societies (EFRS)

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